



Fulford Academy





Our Commitment to Our Students



MISSION

Our mission is to provide our students with the necessary skills to gain success in the Global learning environment. We will cultivate enquiring minds and develop their critical thinking ability. Our students build their sensitivity to local and Global issues through the application of scientific, technological, and cultural knowledge to real world problems.

VISION

In our inclusive and nurturing community, we are dedicated to the individual success of each student. A successful Fulford Academy graduate will be a leader in their future education, in their career, and in the broader community. Our graduates will be committed to promoting respect for the rights of others; they will be considerate and appreciative of human differences, and of the constructive expression of ideas.

Welcome to Fulford Academy, a private day and boarding school in Brockville, Ontario. This brochure will give you a brief introduction to our school, and while we can show you smiling faces and beautiful facilities, nothing can substitute for being on campus and experiencing first hand the friendly, exciting and vibrant atmosphere of our unique learning community.

We have created an accepting, multicultural, inclusive environment in which respect is a core value. We show respect for each other by daily valuing our many cultures, and indeed each and every individual in the School. Our student-life curriculum draws on a Global Citizenship model, and our responsibility to others is a significant focus.

Our comprehensive co-curricular program includes community service, athletics, arts, music, clubs and other activities that give students many opportunities to discover their strengths and explore their passions. Each student is coached and guided to recognize and accept leadership opportunities and be a support to their peers. A Fulford education is much more than books!

We are thrilled to offer increased emphasis on Science, Technology, Engineering, and Mathematics + Aesthetics, Architecture & Arts, (STEM+A). Our students will engage in cross-curricular studies that involve coding, robotics, mechanical design and engineering problem solving as an integral part of their learning.

Our core values shape the inclusive atmosphere that is Fulford Academy. We emphasize collaboration and cooperation in our community; we celebrate our differences, but seek the common ground to form bridges between individuals and between cultures. We respect the courage required to leave home and study within a new language and culture, and always seek the wisdom to make our World a better place for everyone.

DR. THOMAS STEEL

Head of School



The international boarding experience is a fundamental aspect of the student experience at Fulford Academy. In our small, safe and caring community, our Residential Life Program is structured to be a social and interactive engagement, preparing students to be both academically and socially successful in a North American Boarding School environment. Our commitment is to nurture and challenge our students to reach their full potential with the intention of embracing our three core values of *Courage, Respect and Wisdom*:

COURAGE

The cultural activities and excursions offered in our Residential Life Program are designed to offer students the opportunity to experience something new and perhaps allow them to step out of their comfort zone. By engaging in activities that they have never done before, students develop a stronger sense of self-confidence and independence.

RESPECT

Our English-only environment continues beyond the classroom doors and into our residences. Through a thoughtful room-placing strategy, we aim to pair students with those from other countries in an attempt to mix cultures and cultivate friendships amongst all students. Living with students who have different cultural norms and values will provide our students with the opportunity to learn and develop a new found respect for each other, preparing them to be successful within the Fulford environment and in all of their future endeavors.

WISDOM

We prepare our students to excel in the next phase of their education by teaching them how to meet the challenges and grasp the opportunities that come with community living. Our Residential Life Program takes full advantage of providing students the opportunity to enhance their English and lifestyle skills through socialization and engagement in local community activities and initiatives.



Why Boarding School?

THE BIG PICTURE ON BOARDING SCHOOLS

We've done the research to see how boarding school shapes students, now and in the future. Here's the (sometimes surprising) truth about boarding schools today.*

THE BOARDING SCHOOL SCHEDULE

Where boarding school students spend their time, versus private day school and public school students, in hours per week:

| | Boarding | Private day | Public |
|----------|----------|-------------|--------|
| Homework | 17 | 9 | 8 |
| Music | 12 | 9 | 9 |
| Reading | 6 | 4 | 5 |
| Sports | 12 | 9 | 9 |
| TV | 3 | 7 | 7 |

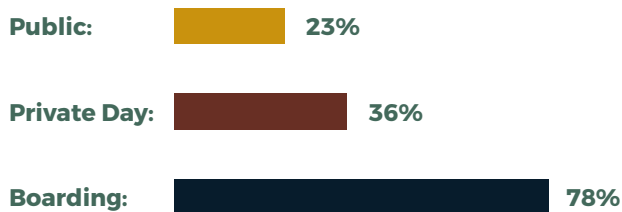
THE BOARDING SCHOOL ENVIRONMENT

What boarding school students say about their school environment, versus private day school and public school students, by percentage of students asked:

| | Boarding | Private day | Public |
|--------------------------|----------|-------------|--------|
| Motivated by Peers | 75% | 71% | 49% |
| Academically Challenged | 91% | 70% | 50% |
| Quality of Teachers | 90% | 62% | 51% |
| Leadership Opportunities | 77% | 60% | 52% |
| Supportive Environment | 75% | 70% | 50% |
| Racial/Ethnic Diversity | 59% | 19% | 39% |
| Overall Satisfaction | 95% | 86% | 86% |

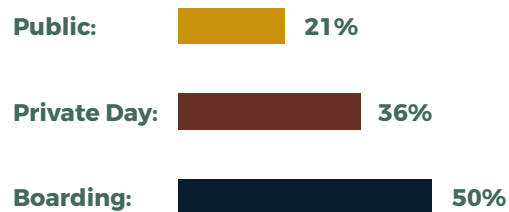
HOW BOARDING SCHOOL PREPARES YOU

What boarding school students said about how prepared they were for college, versus private day school and public school students.



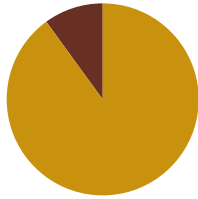
ADVANCED DEGREES OF BOARDING SCHOOL STUDENTS

Percentage of students who go on to earn advanced degrees:

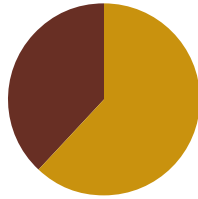


DID YOU KNOW?

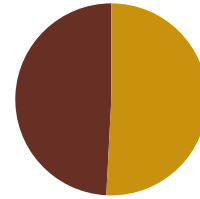
The percentage of students who report having great, high quality teachers:



Boarding
90%



Private Day
62%



Public
51%

Boarding School

MYTH #1:
“BOARDING SCHOOLS ARE FOR PROBLEM STUDENTS WHO ARE BEING SENT AWAY”

60% of students apply to boarding school primarily for the opportunity to get a better education.

Boarding School

MYTH #2:
“STUDENTS GET IN LOTS OF TROUBLE AT BOARDING SCHOOL”

95% of boarding school students say their social lives do not revolve around drugs and alcohol, compared to 82% of private day school and public school students.

Boarding School

MYTH #3:
“BOARDING SCHOOL STUDENTS HAVE TROUBLED HOME LIVES”

86% of boarding school students say they are very satisfied or somewhat satisfied with family life.

70%

LITTLE OR NO CHEATING

About 70% of boarding school students say there is little to no cheating in class, compared to 31% of private day and 26% of public school students.

41%

HELPFUL COUNSELOR

41% of boarding school students say that their college or university guidance counselor was very helpful in exploring college options, compared to 23% of private school students and 13% of public school students.

70%

HELPED DEVELOPMENT

70% of boarding school students say that boarding school has helped them develop self-discipline, maturity, independence, and the ability to think critically.

95%

VERY SATISFIED

95% of boarding school students are satisfied or very satisfied with their academic experience, compared to 86% of private day or public school students.



QUICK FACTS ABOUT:

FULFORD ACADEMY

| | | | |
|---|--|--|--|
| Fulford Academy ESTABLISHED 2002 | Located in Brockville, Ontario Canada | Prestigious OSSD (Ontario Secondary School Diploma) | Emphasis on STEM+A |
| Leadership Program: Duke of Edinburgh | Full enriched residential life program | Students from 12 – 20 different countries | PROGRAMS OFFERED: » Middle School Gr. 7/8 » High School Gr. 9-12 » Summer School » ESL Prep & University Prep » Dual High School Diploma |
| 150 boarding & day students: coeducational | 4 academic classes per day, 80 minutes each | 1 test prep class per day | |
| Weekend Excursions | Over 20 clubs offered | Fantastic Meals | |

QUICK FACTS ABOUT:

BROCKVILLE, CITY OF THE 1000 ISLANDS

| | |
|--|---|
| Historic Brockville, INCORPORATED 1832 | Thriving arts community offering music, theatre, galleries, museums |
| 1 hour to Ottawa and Kingston, 2 hours to Montreal, 4 hours to Toronto, 4,712 km from Vancouver | Waterfront parks, beaches, bike trails, kayaking, canoeing, fishing, sailing, boat tours |
| Some of the best freshwater diving in the world | Home of the Aquatarium: Interactive waterfront discovery centre – come meet the otters! |
| Favourite “Friday Night Out” Restaurants: Kochi Sushi “All You Can Eat” Japanese restaurant and Shawarma Garden | Fantastic Festivals: Rib Fest, Tall Ships, Sailing & Hydroplane regattas, Dragon Boat races, Shakespeare in the Park |

Our Community — Brockville and the 1000 Islands



Fulford Academy is located in the historic City of Brockville, home of the famous Thousand Islands. Named one of Canada's Safest Cities by the World Health Organization, Brockville is home to 24,000 people.

Just steps away from the majestic St. Lawrence River, downtown Brockville is alive and vibrant offering numerous boutique shops, restaurants, sightseeing cruises, cultural events and the 33,000 square foot marine discovery centre and aquarium, known fondly as the Aquatarium. The excitement doesn't stop there though. The beautiful city is rooted in history, from Canada's premiere Heritage Theatre, to Canada's First Railway Tunnel, to the historic architecture including our very own academic facility, Brockville is truly a beautiful city offering small town charm.



Fulford Academy Academic Program

FULFORD ACADEMY ACADEMICS

All Fulford Academy teachers are members of the Ontario College of Teachers. Teachers also have advanced ESL (English as a Second Language) certification to allow them to better support our students with their language development. Our teachers provide an exceptional level of support in a small classroom environment, allowing students to improve their academic skills while studying Ontario curriculum. To integrate STEM+A learning in all subjects, additional time has been added to our classes to allow for extra activities and support. The goal for all our students is to master grade-level subject content.

Small class sizes and additional hours of instruction ensure individual attention, personalized support and success in our English-only environment.



DIFFERENTIATED METHOD OF INSTRUCTION AND ASSESSMENT

We retain a wonderful diversity of cultures and varied viewpoints in our classrooms, because we do not “stream” for academic or language proficiency. To ensure that all students can learn effectively, we use a highly differentiated method of instruction and assessment. We provide choices so our students can personalize their learning activities; our teachers hold students accountable by making the curriculum expectations clear from the outset, and coach to ensure that each student meets these goals through the activities; we actively promote more complex thought processes through an integration of the disciplines, as applied to open ended questions and real-life problem solving and projects.

PRIMARY SCHOOL DAY PROGRAM (JK-GRADE 6)

The Primary School program is based on the Ontario Ministry of Education curriculum and follows the same philosophy as our Middle School & High School Programs. Our differentiated approach to learning gives our young students the opportunity to flourish in a hands-on and student-centered classroom. Rooted in our core values of Courage, Respect and Wisdom, Fulford Academy students in the Primary Day Program will take part in classes that are project-based and STEM+A oriented, providing them with an early start to learning about, and finding solutions to, real-life issues. JK-Grade 6 Day Program students will benefit from our small class sizes, our experienced & dedicated faculty all within a positive & engaging learning environment.

MIDDLE SCHOOL (GRADES 7/8)

Students in our Middle School program spend much of the day with a dedicated grade teacher who creates a more consistent and sensitive learning environment. In middle school, our certified teachers provide support in a small classroom environment allowing students to improve their study skills while completing their academic courses. These courses include language arts, science, math, social studies, physical education, and art. The Middle School Program is the ideal entry point for any student wishing to continue or complete their education in an internal environment.

HIGH SCHOOL (GRADES 9/12)

Fulford Academy's High School Program is for students who wish to study in a small classroom environment to earn Ontario Secondary School Diploma (OSSD) credits towards their high school graduation.

To graduate and earn an Ontario Secondary School Diploma, there are three major requirements a student must meet:

- › Successfully complete all 30 of the specific required credits
- › Successfully complete the Ontario Secondary School Literacy Test
- › Complete 40 hours of community service

Our rigorous academics standards prepare our students for success in university and beyond. Earn academic credits towards the completion of an internationally-recognized Ontario Secondary School Diploma. Visit our website for complete course offerings and course descriptions.

ESL PREP

Our ESL Foundation Program is an intensive English immersion program that is taught using grade appropriate Ontario curriculum content. This structure creates the ideal setting for students to improve their English skills through classroom vocabulary and communication. This program prepares our students to succeed in their language development and allows them to transition into an academically challenging North American learning environment. This Program is ideal for students who need to improve their English skills before entering an academic credit program.

UNIVERSITY PREP

Specifically designed for students who have just graduated from high school but need further academic language preparation to be competitive in an English first language institution.

STEM + ARTS PROGRAM

STEM + Arts is an integrated approach to learning which involves a cross curricular connection between two or more standards from Science, Technology, Engineering, Math and the Arts to be taught AND assessed in and through each other. The primary focus of STEM + A is: inquiry, collaboration, and project-based learning.





Duke of Edinburgh's International Award



While at Fulford Academy, students have the opportunity to sign up for the Duke of Edinburgh's International Award Program. The Duke of Ed program believe that not all learning happens in the classroom and aims to help equip young Canadians aged 14-24 for success in life. The award empowers students to discover hidden talents, develop untapped leadership potential, and make a difference in their community and explore the wonders of the great outdoors. Students can begin their Duke of Ed journey at Fulford and continue it at their future school or university. Students who enrol in the Duke of Ed program while at Fulford work with our Dean of Students to customize their co-curricular program by completing the weekly Skills, Service, and Physical Recreation requirements of the award.

For more information about the Duke of Edinburgh's International Award please visit www.dukeofed.org

Fulford Academy Summer Academic Program

Fulford Academy's programs provide students, from all over the world, with an environment where they can gain both the academic qualifications and the linguistic ability to be very competitive for admission to North American educational institutions.

Fulford Academy's Summer School is ideal preparation for students who will be entering any academic program in the fall. It is highly recommended that new students who plan to study at Fulford Academy for the following year take part in our Summer Academic Program.

Students who choose to stay with us for the summer will have the time and support to adapt and familiarize themselves with Fulford Academy's values and customs which gives them a great advantage.



ENGLISH SECOND LANGUAGE ACADEMIC PROGRAM

In our summer program, students will be focusing on getting accustomed to the Canadian classroom, while having language intensive, content based courses. In the academic curriculum classes, the students can expect to cover:

Science: Essential, grade specific classroom vocabulary, basic lab skills (researching, completing and presenting lab findings), oral presentation skills, critical thinking skills.

Math: Essential, grade specific classroom vocabulary, focuses on word-based problems (dissecting the problem and extracting the needed information).

Social Studies (History and Geography): Essential, grade specific classroom vocabulary, basic understanding of Canada (how we came to be, provinces and territories), academic writing skills, research and oral presentation skills.

English: Reading comprehension, decoding for meaning, making inferences and estimating conclusions based on what has been read, either short story, or poetry work, academic writing skills.

Test prep: focus on classroom and study skills, pronunciation work and practice, grammar work, standardized test practice (OSSLT, TOEFL, IELTS, SSAT) subject specific help where needed.

Physical Education Class: Students will also participate in a daily Phys. Ed. Class where they are taught teamwork and will continue to practice their English communication skills. The students in this class are often held responsible for leading stretching, organizing their own teams, and even leading and assisting in teaching large group activities that they are proficient in.

Since the summer program is condensed, students need to "hit the ground running" and the teachers and other staff members will be sure to push them to keep them motivated and help them reach their goals.



Summer Programs

7 WEEK CREDIT PROGRAM

Summer students in the 7-week program who also have an intermediate or advanced level of English, and who have already completed Grade 9 (or who will be joining Fulford Academy for Grade 9) also have the option of entering an OSSD credit program where they can earn 2 credits towards the completion of the Ontario Secondary School Diploma.

**credit courses vary each year.*

4 WEEK PROGRAM

Summer students in the 4-week program will be focusing on getting accustomed to the Canadian classroom, while having language intensive, content-based courses. Students will take four, 80-minute academic curriculum based courses each day and one, 55 minute, test prep class, for a total of 124 hours of in-class instruction over the 4-week period. At the end of the 4-week session we will provide each student with a Fulford Academic Report Card.

“I am a different person because of my time at Fulford.

I am *confident*. I have become a *leader*.”

Daniyar Bazhbenov, Kazakhstan



3 WEEK SUMMER CAMP

Our exciting summer camp program is the perfect opportunity for students ages 11-17 who are looking for a unique Canadian experience! Class lessons will be taught each morning and students will then apply what they learn through afternoon activities such as museums, nature and cultural activities. Visit closeby cities like Kingston, Ottawa and Montreal during weekend activities and experience Niagara Falls!

DUAL HIGH SCHOOL DIPLOMA PROGRAM

The Dual Diploma Program provides high school students the opportunity to obtain their high school diploma in their home country, as well as earn an Ontario Secondary School Diploma (OSSD). Students attend their regular academic year in their home country completing the courses necessary to earn their high school diploma. Students will then spend 7 weeks of their summers at Fulford Academy following the completion of their Grade 10, 11 and 12 years back home.

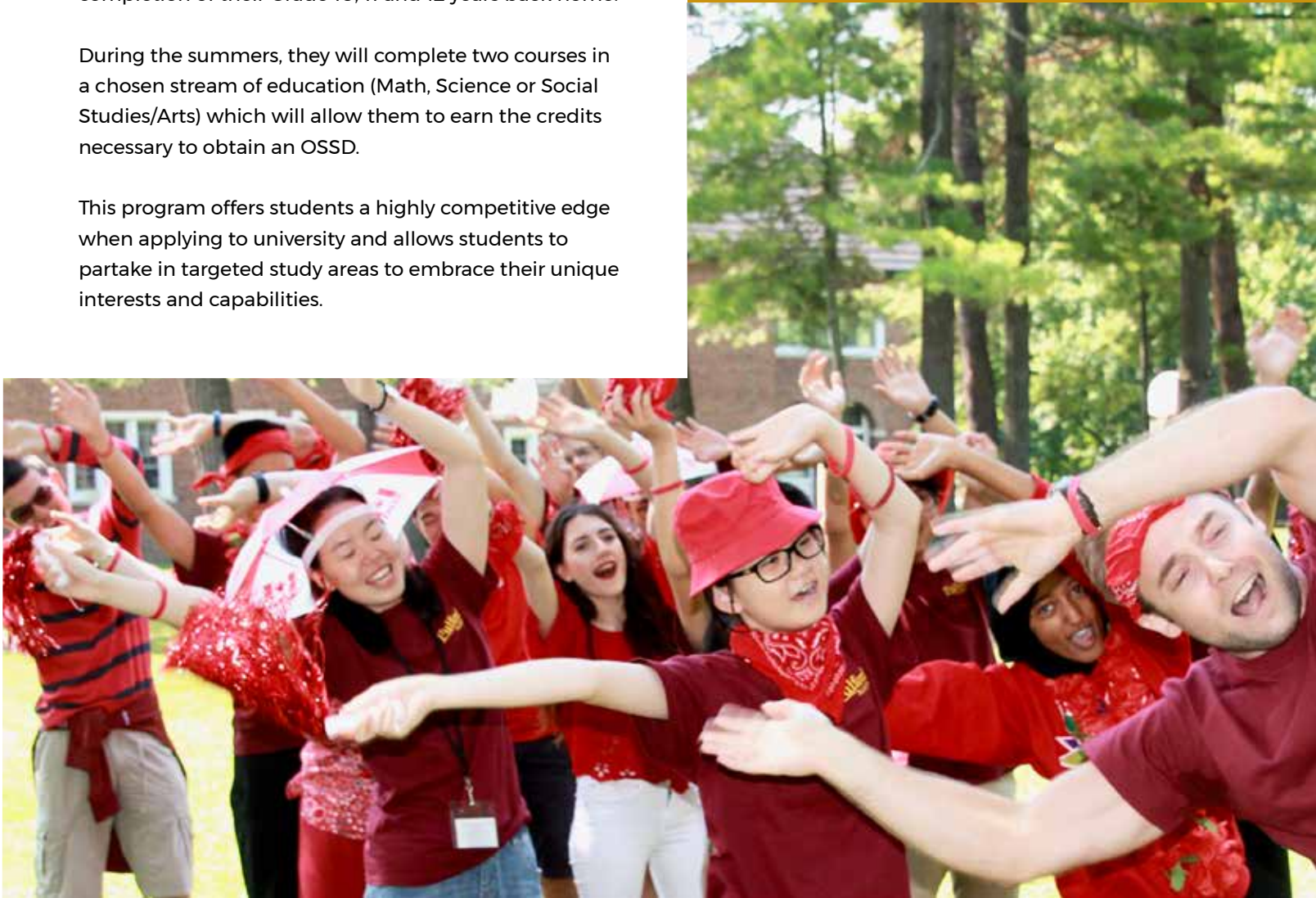
During the summers, they will complete two courses in a chosen stream of education (Math, Science or Social Studies/Arts) which will allow them to earn the credits necessary to obtain an OSSD.

This program offers students a highly competitive edge when applying to university and allows students to partake in targeted study areas to embrace their unique interests and capabilities.

EVENING & WEEKEND ACTIVITIES

Brockville is centrally located between Ottawa, Canada's capital (1 hour), Montréal (2 hours), and Toronto (4 hours), providing Fulford students with many opportunities to explore Canadian culture, such as:

- › **Swimming at St. Lawrence Park and Sandbanks**
- › **Calypso Water Park**
- › **Leadership Program**
- › **Excursions to Montréal, Kingston, Ottawa and Toronto**
- › **Museums**
- › **Indoor Laser Tag**
- › **Tree Top Trekking**
- › **Shopping Trips**
- › **Camping**





“Fulford is like a *big family*. It is our home away from home and I enjoy being here with my friends and the staff.”

Jacobo Zebak Martinez, Mexico



TYPICAL WEEKDAY JUNIOR SCHEDULE*

| DAY SCHEDULE | | EVENING SCHEDULE | |
|--------------|-------------------|------------------|--------------------------|
| 7:55-8:40 | Breakfast | 16:20-16:30 | Meetings |
| 9:00-10:20 | Science/Math | 16:30-17:30 | Study Hall |
| 10:30-11:50 | English | 17:30-18:00 | Dinner |
| 12:00-12:50 | Lunch | 19:00-21:00 | Evening Activities |
| 12:50-13:40 | Study Skills/Prep | 22:00 | In Own Wing |
| 13:40-15:00 | Phys. Ed | 22:30 | All Students in Own Room |
| 15:10-16:20 | History | 22:45 | Lights Out |

*Classes are based on student need and student schedules may vary depending on program.





TYPICAL WEEKDAY SENIOR SCHEDULE*

DAY SCHEDULE

| | |
|--------------------|-------------------|
| 7:55-8:40 | Breakfast |
| 9:00-10:20 | Science/Math |
| 10:30-11:50 | English |
| 12:00-12:50 | Study Skills/Prep |
| 12:50-13:40 | Lunch |
| 13:40-15:00 | Phys. Ed |
| 15:10-16:20 | History |

EVENING SCHEDULE

| | |
|--------------------|--------------------------|
| 16:20-16:30 | Meetings |
| 16:30-18:00 | Study Hall |
| 18:00-18:30 | Dinner |
| 19:00-21:00 | Evening Activities |
| 22:30 | In Own Wing |
| 23:00 | All Students in Own Room |
| 23:15 | Lights Out |

* Classes are based on student need and student schedules may vary depending on program.



Fulford Academy Residence



Our 110-bed residence, with double gymnasium provides students with a home away from home during their stay. Each floor is Wi-Fi accessible and offers a common room and kitchenette. Males and females are accommodated separately, with up to four students per room, a true sense of united nations. Laundry service and 24/7 supervision are provided. Three meals a day and snacks provided on-campus.





Residential Student Life

Fulford Academy's residential program is an intensive curriculum which runs parallel with the Mission of the school. Throughout the year students learn about our commitment to Courage, Respect, and Wisdom through the hands-on approach of our exciting residential life program of Co-Curriculars.

It is an expectation of all students that they will actively participate in our Co-Curricular opportunities. We offer a variety of options for students to choose from, including:

HOUSE OLYMPICS

Fulford Academy prides itself on our inclusive family atmosphere and part of the way we achieve this is through our House System & our Advisor Program. Upon arrival to Fulford Academy, each student is placed into one of our six Houses where they will work as a team in various challenges. Through activities, spirit days and challenges during the year, Houses will come together to actively participate and work together.

ADVISOR PROGRAM

The House System strives to teach teamwork skills through engaging activities and allows for students and staff members to build relationships with each other. In the Advisor Program each student is paired with a staff member who will support them during their time here at Fulford Academy. They will have weekly meetings to touch base and get to know each other. Parents will receive updates from their child's Advisor on their report cards.

CLUBS

Fulford offers a variety of club options to boarding students. Students have the opportunity to improve their existing talents in areas such as athletics, music and the arts, or they can get out of their comfort-zone and try something new! Our clubs are geared to include options that every student can find an interest in. Some clubs take place on campus, while other clubs take place in our surrounding community of Brockville.

VOLUNTEER OPPORTUNITIES

Fulford works in cooperation with several different institutions in Brockville to provide volunteer opportunities for boarding students. Volunteering is a great way for Fulford students to give back to the community and engage with locals to get a true Canadian cultural experience.

WEEKEND TRIPS & ACTIVITIES

The Fulford residential team works very hard to organize weekend activities for boarding students to partake in. All students at Fulford must participate in at least one residential activity every Saturday and Sunday. Some activities are trips to nearby cities for cultural events, shopping, or sporting events. We provide local opportunities for all students each day as well.

Past trips that have been highlights for our students include: Canada's Wonderland, Montreal Biodome and Science Center, Museums, NHL Hockey Games, Soccer Games, Football Games, Laser Tag, Kayaking, etc.



DORM MEETINGS

Fulford hosts weekly dorm meetings where students will discuss topics that often arise when living in a boarding community. Meetings will often cover strategies which students can use to help cope with these situations.

Topics that students may want to discuss could include time management, respecting others, money management, dealing with stress, getting to know your roommate, appropriate social media use, bullying, etc.

FULFORD ATHLETICS

Fulford competes against local high schools in the Leeds and Grenville Secondary School Athletics Association. Our athletic program is an integral part of our Student Life environment and gives students the opportunity to travel around Brockville and the surrounding area to compete in organized sports.

Our students on athletic teams learn the importance of rules and sportsmanship, They gain time-management skills and realize the importance of commitment and working together towards a common goal.



Examples of Clubs Include:

- › Reading
- › Running
- › Guitar
- › YMCA
- › Yoga
- › Martial Arts
- › Volleyball
- › Tennis
- › Knitting
- › Art
- › Fitness
- › Board Games
- › Glee Club
- › Indoor Soccer
- › Ultimate Frisbee
- › Chess
- › Basketball
- › Dance

Fulford Sports Include:

Fall Term

- › Boys Volleyball
- › Cross Country
- › Girls Basketball

Winter Term

- › Girls Volleyball
- › Boys Basketball

Spring Term

- › Badminton
- › Soccer
- › Tennis
- › Track





Residential Student Life Program



Students have a variety of choices of trips and activities to choose from each and every week. The outings range from educational experiences to those that are purely fun. There are both mandatory trips for all to enjoy and optional trips that may be selected. Our weekend activities give students the

opportunity to interact with each other and improve their communication and social skills. Our students always have something to do and have the opportunity to socialize and to practice their English. Weekend activities are seasonal and focus on Canadian cultural events.

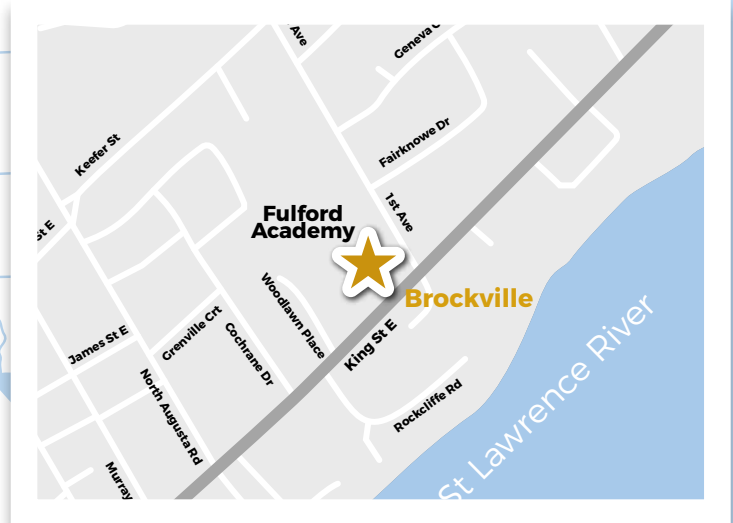


Here are just a few examples:

- › **1000 Island Boat Cruise in Brockville**
- › **Ottawa Parliament buildings**
- › **Professional Hockey/Basketball/Baseball games (Montréal, Ottawa, Kingston, Brockville)**
- › **Water Parks/Amusement Parks in Montréal, Toronto, Ottawa**
- › **Science & Technology Museum in Ottawa**
- › **Skating on the Rideau Canal in Ottawa**
- › **Skiing/Snowboarding near Ottawa**
- › **Indoor Skydiving in Montréal**
- › **Camping**
- › **Swimming**
- › **Indoor Surfing (Montréal, Ottawa)**
- › **Haunted House**
- › **Pumpkin Carving (Fulford Academy)**
- › **Santa Claus Parade (Brockville)**
- › **Fort Henry (Kingston)**
- › **Upper Canada Village (Morrisburg)**
- › **Shakespeare Theatre (Prescott)**

And many more!





LOCATED IN BROCKVILLE, ONTARIO CANADA:

1 hour to Ottawa and Kingston, 2 hours to Montreal, 4 hours to Toronto, and 4,712 km from Vancouver



“education beyond borders”



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